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Since its inception in 1974 the Council on Nutrition's goal has been to promote continuing education of the Chiropractic Physician in Nutrition as an adjunct to the practice of Chiropractic. Our yearly seminars provide Chiropractors with the opportunity to have a dialogue with the top educators and researchers in the field of Nutrition. Many doctors realize that while their patients are becoming more interested in proper eating and nutrition supplements, information on these topics can be unreliable. A Council on Nutrition symposium is a great place to build enthusiasm about how to assist patients in healing, but what if a doctor wants to learn more about how to better serve their patients?

The Council on Nutrition is very lucky to be associated with what I consider to be the best educational programs in Nutrition in the United States.

At our 2008 symposium we were lucky enough to visit Life University, where the Council members were given a comprehensive tour of the facility and were treated like royalty. Dr. Guy Riekeman, President of Life University, Dr. Jaleh Dehpahlavan, Director of Nutrition, Rebecca Koch, Project Coordinator, together with directors and staff stayed after hours to show us the different facilities and programs that Life has to offer. Life University has the distinction of giving students the opportunity to obtain an undergraduate degree in nutrition. Their program is state of the art, and while many of the nutrition students will matriculate to the Chiropractic program, there are others who are looking for the chance to become nutrition professionals. These graduates will not only know about nutrition, but will know about Chiropractic care and communicate their knowledge with the allopathic community. Life University also offers a Masters degree in Sports Health Science which has a concentration in nutrition that focuses on the performance side of sports nutrition. Professors in this program have worked with world class athletes and utilize the laboratories of the Life University Sports Science Institute (LUSSI). Life University is also in the process of approval for a Masters Program in Clinical Nutrition.

Dr. David M. Brady is one of the most celebrated members of the Council on Nutrition. His accomplishments in the field of integrative, functional and naturopathic medicine are unsurpassed. Dr. Brady has also been the Director of the Human Nutrition Institute since 2004. The Human Nutrition Institute at the University of Bridgeport offers a unique opportunity for doctors of varied disciplines to distinguish their practice by providing evidence-based knowledge in clinical nutrition. The nutrition program was first established at UB in the late 1970's as the first program of its type. It has been revised continuously, to

remain at the cutting edge and clinically relevant, and is the “brand name” in accredited, graduate-level, integrative nutrition education. UB’s masters program in nutrition is unique in its integrative approach to clinical nutrition, and provides the doctor with functional assessment techniques and analysis skills to pinpoint the patient’s biochemical imbalances and needs. UB’s program is offered in two optional formats, totally on-line via the interactive Blackboard educational platform, or via a one weekend per month campus-based program. Graduates are qualified to sit for one of three different certification exams (CNS, CCN or DACBN). The graduates come from many disciplines in medicine, including MDs, DOs, DCs, ND’s, Pharm D’s, APRN, PAs, L Acs, as well as career changers from many diverse backgrounds. The program offers significant advanced standing for doctors applying to the program. Gerard Mullin, M.D. of Johns Hopkins Medical Center and Mark Houston, M.D. of Vanderbilt Medical Center are among our nation’s most outstanding physicians, and their UB masters in nutrition sets them apart in their profession.

The Council on Nutrition has a long standing relationship with Dr. Anna R. Kelles, PhD. Dr. Kelles is the Director of the School of Applied Clinical Nutrition at New York Chiropractic College. New York Chiropractic College offers a Master of Science in Applied Clinical Nutrition (MSACN). This program emphasizes an integrative approach to healthcare for both the prevention and the management of disease. Students are trained in a diverse curriculum incorporating nutrition topics such as biochemistry, pharmacognosy, biostatistics, assessment, life cycle, therapeutic, and sports. The program mission is to help students identify the etiology of complex conditions and develop successful treatment plans suited to individual needs. The program is designed to help current health care practitioners diversify their practices by incorporating nutrition as a complementary healthcare modality. It is also designed to help undergraduates transition from a bachelor’s degree into graduate level healthcare programs. As a result of the interdisciplinary nature of the program, graduates are prepared to work in a variety of settings, including private practice, integrative practice with other professionals, research, and industry. The program is in an online format that is perfect for the busy practitioner.

The masters degree programs in nutrition mentioned above will fulfill the educational requirements for diplomate status in nutrition.

The Center for Complementary and Integrative Medicine at the University of Miami Miller School of Medicine is unique because it has a partnership with the American Clinical Board of Nutrition (ACBN) to provide didactic courses on nutrition, as a key strategy in bridging the gap between conventional and complementary medicine. These courses can be utilized to accrue the required 300 hours for the ACBN examination to attain the Diplomate by qualified doctoral-level professionals. In general, these courses are open to all health professionals who are interested in incorporating clinical nutrition into their

practice. Sponsors for some of these courses include top nutrition companies such as Biotics, Premier Research Labs, Standard Process, and Xymogen.

According to The National Center for Complimentary and Alternative Medicine, a national survey conducted in 2007 found that 17.7 percent of American adults had used "natural products", (i.e., dietary supplements other than vitamins and minerals), in the past 12 months. These patients would benefit from expert information from Chiropractors that specialize in nutrition.

The Council on Nutrition and its members encourage and promote a more advanced knowledge in the use of nutrition. We know you have a choice in what you would like to learn for your continuing education requirements. If you are interested in learning more about nutrition and helping your patients with their nutritional needs, take the opportunity to find out about the programs listed here and come to the Council on Nutrition's 2011 symposium, "Innovative Therapies for the Nutrition Practitioner", April 28-May 1, 2011 at the Grand Cypress Hyatt in Orlando, FL. For further information about this or any of the other programs mentioned here, and other programs please visit www.councilonnutrition.com or contact Ms. Bonnie Sealock, General Manager and Correspondence Secretary, at (540) 635-8844 or conacbn@shentel.net.