

About The Speakers' Lectures

Dr. Alex Vasquez will speak on *"Evidence-Based Nutrition and Integrative Protocols for the Most Common Clinical Conditions seen in Family Practice."* The most common goals and complaints that bring patients to doctors' offices today are 1) wellness promotion and disease prevention, 2) hypertension, 3) diabetes mellitus (including metabolic syndrome), and 4) infectious diseases (mostly viral infections including upper respiratory infections, sinusitis, pharyngitis, acute otitis media, and bronchitis) and 5) back pain. *Dr. Vasquez is sponsored by Biotics Research Corporation.*

Dr. David Brady will speak on *"Using Cutting Edge Accurate Identification of the GI Microbiota in the Diagnosis and Management of Autoimmune Diseases."* This presentation will review the current evidence-based approaches in the diagnosis of the GI microbiota, mucosal immunity and the overall gastrointestinal environment in the guidance of the comprehensive management of systemic autoimmune disorders. *Dr. Brady is sponsored by Designs for Health and Metametrix Clinical Laboratory.*

Dr. Joseph Evans will lecture on *"Anti-Oxidants, Transcription Factors, and Mitochondria: On the Road to Identifying Exercise Mimics."* Dr. Evans will discuss how aging and many diseases are characterized by the reduced efficiency and overall number of mitochondria. Exercise and caloric restriction are the two most effective ways to increase the number of mitochondria. *Dr. Evans is sponsored by Xymogen.*

Dr. Robert Silverman will speak on *"Helping Your Athletic Patients Reach Higher: From Treating Sports Injuries to Performance Enhancement"*. He will give insight to methodology to incorporate protocols into a clinically effective, financially rewarding system that you will be able to apply to your practice immediately. This presentation will address soft-tissue injuries and practice within the realm of sports injuries and sports performance. *Dr. Silverman is sponsored by Metagenics, Inc.*

Dr. Scott Theirl will present *"The Biochemical Effects of Stress on Memory and Cognition."* He will discuss stress stemming from multiple external and endogenous sources that disrupt the delicate balance of our neuro-endocrine messenger systems. Because the body's stress response system is intricately tied to executive brain function, biochemical perturbations in key neurotransmitters and hormones have direct effects on memory and cognitive function. *Dr. Theirl is sponsored by NeuroScience, Inc.*

For Hotel Reservations

Please Call Claudia Rabin-Manning
at Trump Travel: 1-800-937-3878

HYATT REGENCY CHICAGO
151 E. Wacker Drive, Chicago, IL 60601
\$149 per night

SPECIAL AIRFARES
Have been arranged for the Seminar
Please call Claudia for further information

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ACA COUNCIL ON NUTRITION ANNUAL SYMPOSIUM

APRIL 23-25, 2010
CHICAGO, ILLINOIS



Science Based Nutrition For Today!

16 CE HOURS
FOR DC'S

12 CREDIT HOURS
FOR DACBN'S

Approval for Continuing Education Through
Texas Chiropractic College

ALEX VASQUEZ, DC, ND, began his professional training at Texas Chiropractic College and later graduated from Western States Chiropractic College. He also graduated from the Naturopathic Medicine Program at Bastyr University near Seattle, Washington. Over the next few years, Dr. Vasquez maintained a private practice, taught Orthopedics and Rheumatology at Bastyr University, and pursued his constant review of Medline for the continuous compilation of his biomedicine, nutrition, and physiology database. Dr. Vasquez has published more than 70 articles and letters in magazines, newspapers, and peer-reviewed journals. Dr. Vasquez has written four textbooks his current affiliations include National University of Health Sciences (Adjunct Professor), Institute for Functional Medicine (Forum Consultant), and Biotics Research Corporation (Researcher and Lecturer). He is currently a medical student at University of North Texas Health Science Center Texas College of Osteopathic Medicine where he will graduate in 2010 as Doctor of Osteopathic Medicine.



DAVID BRADY, ND, DC, CCN, DACBN, is a licensed Naturopathic Physician, a Chiropractic Physician and a Board Certified Clinical Nutritionist. He is the Vice Provost of the Division of Health Sciences, the Director of the Human Nutrition Institute, and an Associate Professor of Clinical Sciences at the University of Bridgeport in Connecticut. He also serves as the Chief Medical Officer and primary product formulator for Designs for Health, Inc. Dr. Brady is a technical consultant for Metamatrix Clinical Laboratories and also maintains a private practice, Whole Body Medicine, in Trumbull, CT, specializing in "Functional and Metabolic Medicine." As an author and contributor for numerous books and professional publications, his newest release is *Dr. Brady's Healthy Revolution: What You Really Need to Know to Stay Healthy in a Sick World*.



JOSEPH L. EVANS, PH.D., is Founder and President of P & N Development Ventures (Redwood City, CA), a consulting firm to the pharmaceutical, nutraceutical and venture capital industries. Dr. Evans is a research scientist with over twenty years experience in type 2 diabetes and obesity. Dr. Evans received his Ph.D. in Biochemistry from Drexel University (Philadelphia, PA), and received post-doctoral training in molecular biology, biochemistry, cell biology and physiology at Dartmouth Medical School (Hanover, NH), and the Copenhagen (Copenhagen, Denmark). Dr. Evans has published over forty scientific articles.



ROBERT SILVERMAN, DC, MS, DABCN, CNS, CCN, CSCS, CIISN, CKTP, CES, DCBCN, graduated Magna cum Laude from the University of Bridgeport, College of Chiropractic. He is a Certified Nutrition Specialist, Certified Clinical Nutritionist, has a MSc. in Human Nutrition, is a Certified Strength and Conditioning Specialist, and is a Diplomate with the American Clinical Board of Nutrition and Diplomate with the Chiropractic Board of Clinical Nutrition. Dr. Silverman is also a Certified Sports Nutritionist from The International Society of Sports Nutrition, a Certified Kinesio Taping Practitioner, and a NASM-certified Corrective Exercise Specialist. In private practice in White Plains he specializes in the diagnosis of joint pain and its treatments with an innovative, established and well-researched approach to non-surgical care while incorporating proper nutrition protocols. A nationally known speaker and author, he can be seen on his own local TV show "Get Healthy w/ Dr. Rob".



SCOTT THEIRL, DC, DACNB is a board certified chiropractic neurologist in private practice in southeastern Wisconsin. His practice, Functional Restoration, focuses on treating individuals with learning and developmental challenges, brain injuries, movement and balance disorders, chronic pain and other neurological conditions. Dr. Theirl optimizes the neurologic and physical health of his patients by using brain-based rehabilitation techniques, nutrition and supplementation. He is a graduate of the University of Wisconsin and Logan College of Chiropractic and holds additional Diplomate certification from the American Chiropractic Neurology Board. Dr. Theirl enjoys lecturing to patient advocacy groups, educators and professional organizations such as Dystonia, Inc., the American Holistic Medical Association and Developmental Delay Resources for which he is also a board member.



REGISTRATION

Phone _____
 Fax _____
 e-mail _____
 Phone: **516-546-0399**
 Fax to: **516-546-0475**
 or detach and mail to
Maria Scholl
 660 Merrick Road
 Baldwin, NY 11510

BEFORE MARCH 31:
 Members \$400
 Non-Members \$525

APRIL 1-15 \$450
REGISTRATION AT THE DOOR ONLY
AFTER APRIL 15 \$650

Spouse/CA/Student: 1/2 of member or non-member fee
 additional meal \$50^{ea}
 *Must be purchased by April 1, 2010

Number of attendees: _____
 Amount Enclosed _____
 Cancellation fee prior to April 1 is \$50
 After April 1, no refund will be made

Attendee #1: Doctor Spouse CA Student

Name _____ Address _____ City _____ State _____ Zip _____

Attendee #2: Doctor Spouse CA

Name _____

Method of Payment: Check M/C Visa Signature

Credit Card # _____ Exp. Date _____

VISA AND MASTERCARD ONLY

SCHEDULE FOR 2010

Special Drawing on Sunday, April 25, 2010 immediately following the last lecture! Someone will win a free registration to our 2011 Symposium – must be present to win!

Thursday, April 22, 2010:

7:00pm - 7:30pm Early Registration in the Riverside Center Lecture Room
 7:30pm - 9:00pm Complimentary Marketing Lecture sponsored by Xymogen featuring Eve Prang Plews, LNC, "How to Market a Nutritional Practice." Light hors d'oeuvres served.

Friday, April 23, 2010:

7:30am - 8:30am Registration
 8:30am - 10:30am Dr. Alex Vasquez
 10:30am - 11:00am Vendor Break
 11:00am - 12:00pm Dr. Alex Vasquez
 12:00pm - 1:30pm Luncheon/Meeting
 1:30pm - 3:00pm Dr. David Brady
 3:00pm - 3:30pm Vendor Break
 3:30pm - 5:00pm Dr. David Brady

Saturday, April 24, 2010:

8:00am - 8:30am Registration
 8:30am - 10:30am Dr. Joseph Evans
 10:30am - 11:00am Vendor Break
 11:00am - 12:00pm Dr. Joseph Evans
 12:00pm - 1:30pm Lunch on Your Own
 1:30pm - 3:00pm Dr. Robert Silverman
 3:00pm - 3:30pm Vendor Break
 3:30pm - 5:30pm Dr. Robert Silverman

Sunday, April 25, 2010:

8:00am - 10:00am Dr. Scott Theirl
 10:00am - 10:30am Vendor Break
 10:30am - 12:00pm Dr. Scott Theirl